

# Caregiver's Support Group 2018

We understand the difficulties and the strain that comes with caregiving - you are not alone.

This support group is for those who are caring for loved ones in their home, a nursing home, or in an assisted living facility. Come, receive encouragement, support and education about your role as a caregiver. There are opportunities for new friendships and support, sharing triumphs and disappointments, and learning from experts in this field.

---

**SECOND WEDNESDAY OF EVERY MONTH**  
**12 NOON – 1:00 PM**  
**A LIGHT LUNCH IS PROVIDED**

January 10

February 14

March 14

April 11

May 9

June 13

July 11

August 8

September 12

October 10

November 14

December 12

**THIS SERVICE IS FREE OF CHARGE AND OPEN TO THE COMMUNITY.**



HospiceofMidland.org | (432) 682-2855  
911 W. Texas Avenue | Midland, TX 79701

# What others are saying about Caregiver's Support Group...

"Caregiver's is a time of great fellowship and sharing. They have programs that are helpful in learning how to handle current situations and what to look for. They have good food too!"

*"Caregiver's has been something that I look forward to. It is a place that I feel I can be honest with my feelings and be understood. Also, I have made so many friends. Friends that I can communicate with."*

"A caregiver cannot take care of their loved one if they do not take care of themselves."

"Caregiver's is where others understand what you are going through."

"We love each other without having to know very many details."

"The Caregiver's Group has been my education in caring for my mother."

*"My, what a blessing this group is for me! Ever since I have been attending this group, I have found that I am not alone."*

